



Vedas and HRD?

An exponent of the Vedas early in life, 27-year-old Tatvamasi Dixit has now brought Vedic principles into healing and management

Named after what his father — practising philosopher Srinivasa Dixit — defined as the essence of the Vedas, Tatvamasi (Thou art That) is a vedic scholar and practising healer with a difference. At the age of seven he conducted his first marriage ceremony. He was awarded the title "Vedic Pandit" when he was 17, by the Uttar Pradesh Sanskrit Academy.

After completing his graduation in commerce at the Benares University, he realised that his interests lay elsewhere. So he simply moved to HRD, and has never looked back since. One of his areas of expertise is 'healing'. Having done a course in psychoanalysis in Austria, along with an intensive study of alternative thera-

phies, Tatvamasi has arrived at his own methods of healing. He has incorporated the science of the Vedas with modern scientific methods to offer "complete" healing. "The vedas are a science, and the rituals in the vedas are merely feel good systems. Everything has a psychological and energy oriented significance," he explains. "Mantras, yantras, pranayams, homas, visualisations, poojas and meditations have an energy associated with them if done correctly and are used in healing."

And to make these procedures available to the lay person, Tatvamasi is developing a portal called 'mypandit.com'. "The portal tries to define everything in the vedas with modern understanding," he says. Having taken

Vedic principles into management, Tatvamasi is currently a consultant with many companies, conducting regular workshops along with D Kalyanaraman. "An organisation's vision, mission, ethics and practices should be spiritually aligned," he says.

And where does money come in? "Making money is never criticised in the vedas because, unless you have, you cannot give". Tatvamasi stresses the importance of personal growth. "Through introspection and meditation one should look at bridging the gap between thoughts, words and deeds".

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