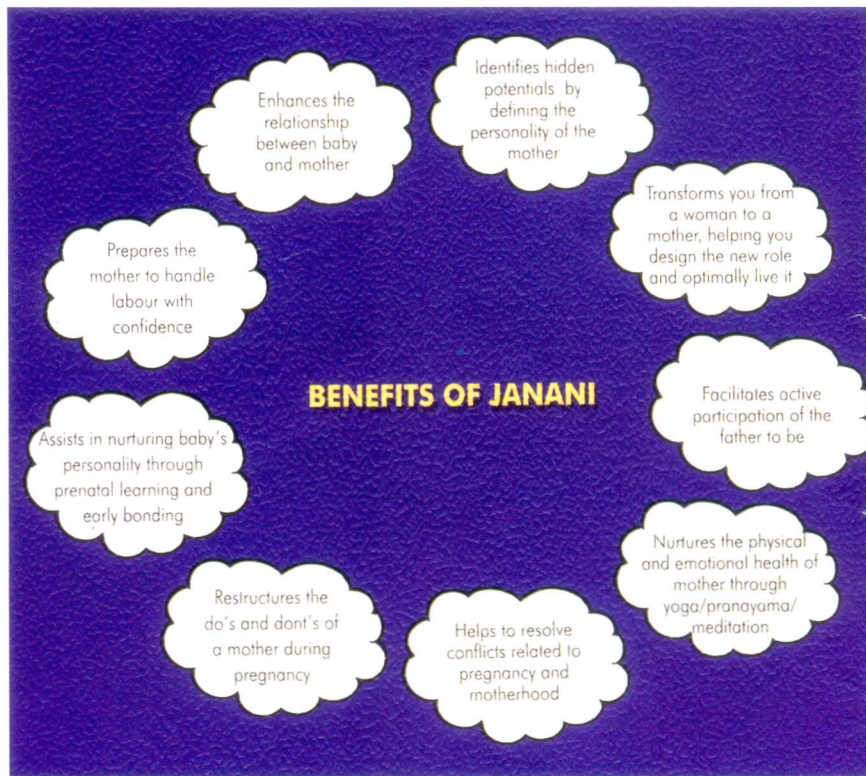


Train your babies through womb learning

“We can build a new society of ‘Emotionally Intelligent human beings’ by introducing early learning in the womb,” says Sri. Tatwamasi Dixit, the founder of Ojas Foundation. He further adds that the personality of the baby can be nurtured in the womb by providing a favorable environment to engineer an Emotionally Intelligent Progeny (Baby).

Ojas foundation, a Vedic research organisation, has launched a unique programme “JANANI” for expectant mothers. Based on research done from the Vedic doctrines, the foundation has combined the essence of Vedic Science and Modern Science for the benefit of society at large.

The highlights of the programme are early bonding, designing motherhood, womb learning, early parenting, strengthening the mother’s physical and emotional health, tapping the inner potential of the mother through Life coaching, Yoga, Pranayama and Meditation, which are uniquely crafted for pregnancy period. The programme emphasises the active participation of the father for strengthening the bond between the couple and the baby.



Motherhood being a new experience, lack of clarity about the new role brings a lot of stress in new mothers. To address this need, JANANI helps the new mothers in this journey from “a woman to a mother” by handholding them for a smooth transition.

The programme has three exclusive packages depending on

the need and aspiration of the participants. The sessions in the programme are personalised in nature and are designed with a belief that every expectant mother is special and her needs are different. Sessions are delivered by a team of professionals from multi-disciplinary fields.

— A.S.R.