

*Tavamasi Dixit, a Vedic Scholar, was born and brought up in Varanasi. Though trained by his father in the Veda's, he had an inclination towards Vedic Healing and Education. From his early childhood Dixit wanted to achieve something in life, which would be of use to majority of the public, and the way he chose was spirituality and healing.*

# Tavamasi Dixit

R Jai Krishna



"Till the age of 23, I have explored Yoga, Pranayama, Alternative systems of Medicine and my pursuit has been to correlate the different healing systems world-over, with the basic principles and the fundamentals of the ancient Indian scriptures – the four Vedas. To have an in-depth knowledge of healing, I studied and practiced Pranic healing and Reiki."

"I was astonished by the whole system of energy healing, as the fundamentals of the indigenous healing systems had many things in common

with the Vedic principles. To add another dimension to my approach, I also traveled to Austria and learnt psychoanalysis, as most ailments, be they chronic or otherwise, are believed to be psychosomatic in nature".

"Coming back to India to find out the essence of the Vedas and put it to practical use as a healing system. I was influenced by the concept of creating a harmony between the mind, body and soul, by incorporating the essence of sound therapy, which propagates that certain sounds and compositions have curative powers. I also understood that the chanting of the Vedic mantras had the same effect. This, to an Indian was nothing new".

"In most religions and cultures, prayers are traditionally offered in recitation or singing. In India, the Vedas describe the chanting of slokas to offer prayers for physical well being, as the Parikaram. It is the vibrations emitted by these sounds which offer cure to the ailing body by synchronizing the mind, body and the soul".

"One classic example is the use of the 'Doopa', which is used in most Indian homes. The fire in the Doopam clears the unevenness in the aura of an individual, which is the phenomenon on which systems like Reiki or Pranic healing are based".

"My opinion is that Vedic healing can be applied for practically every kind of ailment. I have seen a lot of old women in Varanasi practicing this system, in the early days of my childhood. I recall a lady living nearby, who was well known as an expert healer. Her weird ways fascinated me. In one instance, I saw that all she had was a bowl of pure water and a needle in her hand to treat a patient suffering from Hepatitis. She chanted some mantras and ran the needle all-over the body of the patient, and finally dipped it into a bowl of water. I was amazed as I saw that the water had turned yellow, and the patient walked away, cured in a

couple of minutes. It was the curative power of the mantras, she explained. Since then, I have believed that chanting mantras had curative powers.”

“The Vedas also have the power to regenerate degenerated cells, as the fundamentals of all systems of healing are the same, be it psychosomatic, or due to imbalances. I believe that the every part of our body has its incarnation in the mind, and it is the stress level, which transcends from the mind to each organ and causes an ailment. Hence, to build a firewall as a barrier for all the ailments, I incorporated the phenomenon of eradicating the

disease completely. This is I do by Spiritual methodologies, meditation, visualization. I also teach the patients to perform certain things with the help of their minds, and with the help of their hands they pass on the energy to the organ”.

“To understand this phenomenon, one has to understand the concept of the micro and the macro organisms and their link to the universe, in the metaphysical terms. Sankalpam or committed to this concept, an individual will also have to analyze the aura of the affected and know how it can be cleared”.

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